

IQAC 2024-25

ACTIVITY REPORT

DLLE, NSS & Biology DEPARTMENT

IQAC ACTIVITY NO:

NAME OF THE ACTIVITY: First Aid for brain stroke lecture given by Dr. Ashok Hande.			
DATE:	FACULTY:	DEPARTMENT/COMMITTEE:	COORDINATOR NAME:
6th Feb 25		DLLE, NSS & Biology	Asst.Prof. G Subashini
TIME:	VENUE:	NUMBER OF PARTICIPANTS:	NATURE: OUTDOOR/INDOOR
10.30am to 3.30 pm	4th Floor	230	Indoor
SUPPORT/ASSISTANCE:	Asst.Prof. Sarita Shinde, Asst.Prof.Arun Vishkarma		

BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO -):

TOPIC/SUBJECT OF THE ACTIVITY	First Aid for brain stroke lecture given by Dr. Ashok Hande (Neurosurgeon)
OBJECTIVES	To promote first aid, early detection and awareness about Brain Stroke among the young students.
METHODOLOGY	Lecture , PPT
OUTCOMES	Attach with Report
SUPPORT/ASSISTANCE:	Asst.Prof. Sarita Shinde, Asst.Prof.Arun Vishkarma

PROOFS & DOCUMENTS ATTACHED (TICK MARK THE PROOFS ATTACHED):

1. Notice & Letters √	2. Participant's list √	3. Activity report √	4. Photos √	5. Feedback Form
6. Feedback analysis	7. News clip with details			

IQAC CELL ACTIVITY NUMBER: _____

NAME OF TEACHER AND SIGNATURE	NAME OF HEAD/COMMITTEE INCHARGE & SIGNATURE	PRINCIPAL'S SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
<i>S. Shinde</i>	<i>S. Shinde.</i>	<i>[Signature]</i> I / C PRINCIPAL Sainath Education Trust's	<i>G. Subhashini</i> Co-ordinator Internal Quality Assurance Cell Rajiv Gandhi College of Arts, Commerce & Science Vashi, Navi Mumbai.





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Rajiv Gandhi College of Arts, Commerce & Science

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Plot No.16/17, Sector-10A Vashi, Navi Mumbai, Maharashtra - 400703. Tel.2788 0817 / 2766 7377 Mail Id : info@setrgc.edu.in

Program Report (2024-25)

Activity: First Aid for brain stroke lecture given by Dr. Ashok Hande.

Organized by: DLLE & NSS Committee & Biology Department.

Venue: Rajiv Gandhi College of Arts, Commerce & Science, Vashi, Navi Mumbai

Date: 6th February 2025

Time: 9.30 to 11.00 am

Details of Activity:

Department of Lifelong Learning and Extension (DLLE) and the National Service Scheme (NSS) Committee, Biology Department & IQAC of Rajiv Gandhi College of Arts, Commerce & Science successfully organized an informative and insightful lecture on First Aid for Brain Stroke for First-Year students. The session was conducted by Dr. Ashok Hande, (Neurosurgeon) a renowned medical expert in neurology.

Objective of the Lecture:

The primary objective of this session was to educate students about brain strokes, their early warning signs, and immediate first-aid measures that can save lives. The lecture aimed to spread awareness about the importance of quick and effective responses in case of a stroke emergency.

Event Proceedings:

The event commenced with a warm welcome by Asst. Prof. Ankita Gupta, who served as the host for the session. She introduced Dr. Ashok Hande and highlighted the significance of understanding first aid for neurological emergencies.

Dr. Hande delivered an engaging and highly informative lecture, covering the following key topics:

- Understanding brain strokes: Ischemic vs. Hemorrhagic strokes.
- Identifying early symptoms using the FAST acronym:
 - Face drooping
 - Arm weakness
 - Speech difficulty
 - Time to call emergency services



- The importance of immediate medical intervention.
- Basic first-aid techniques to help a stroke victim before professional help arrives.
- Preventive measures, including lifestyle changes and risk factor management.
- He explained the importance of golden period of action during brain stroke. (3 hours after attack)

Interactive Session:

Following the lecture, a Q&A session was held where students enthusiastically participated and asked relevant questions regarding stroke management, prevention, and treatment. Dr. Hande patiently addressed all their queries, making the session highly interactive and engaging.

Outcome of the Lecture:

The lecture had a significant impact on the students, leading to the following key outcomes:

- **Increased Awareness:** Students gained a deeper understanding of brain strokes, their symptoms, and first-aid responses.
- **Practical Knowledge:** Attendees learned essential first-aid techniques that can help save lives in emergencies.
- **Empowerment:** Students felt more confident in identifying and responding to stroke cases effectively.
- **Health Consciousness:** The session encouraged students to adopt healthier lifestyle choices to reduce the risk of strokes.
- **Community Impact:** Many students expressed interest in spreading awareness about stroke first aid within their families and communities.

Vote of Thanks:

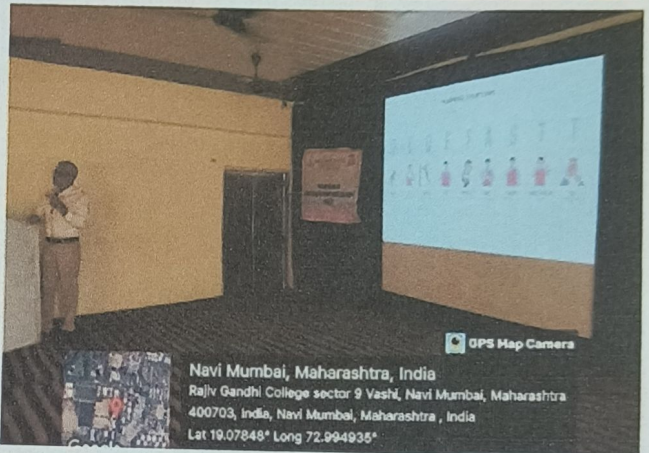
The session concluded with a formal vote of thanks delivered by NSS Program Officer Arun Vishkarma, who expressed gratitude towards Dr. Ashok Hande for his valuable insights, Asst. Prof. Ankita Gupta for hosting the event, and the students for their active participation.

Conclusion:

The lecture was a highly enlightening and educational experience for all attendees. It successfully raised awareness about brain strokes and emphasized the importance of quick first-aid intervention. Students gained valuable knowledge that can help them act responsibly and efficiently in emergency situations.



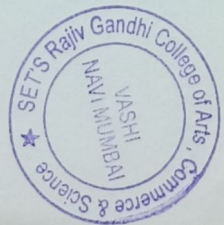
Photos:

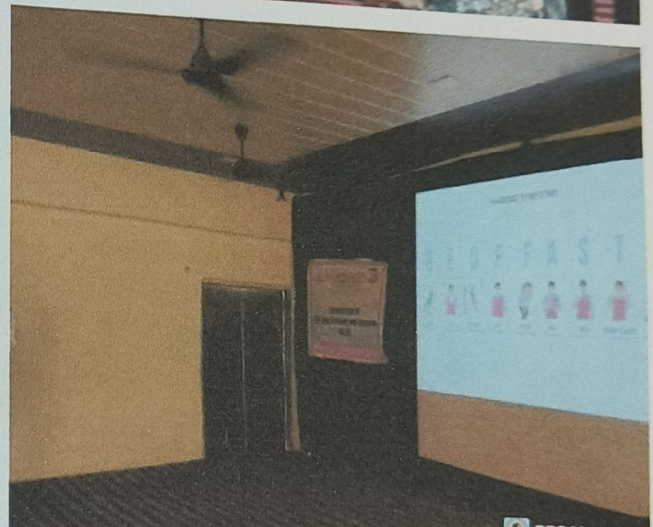


Navi Mumbai, Maharashtra, India
Rajiv Gandhi College sector 9 Vashi, Navi Mumbai
400703, India, Navi Mumbai, Maharashtra, India
Lat 19.07848° Long 72.994935°
08/02/2025 10:21 AM GMT +05:30

Navi Mumbai, Maharashtra, India
Rajiv Gandhi College sector 9 Vashi, Navi Mumbai, Maharashtra
400703, India, Navi Mumbai, Maharashtra, India
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Navi Mumbai, Maharashtra, India
Rajiv Gandhi College sector 9 Vashi, Navi Mumbai, Maharashtra
400703, India, Navi Mumbai, Maharashtra, India

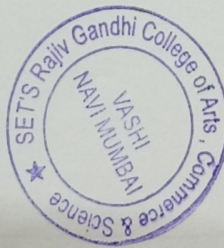




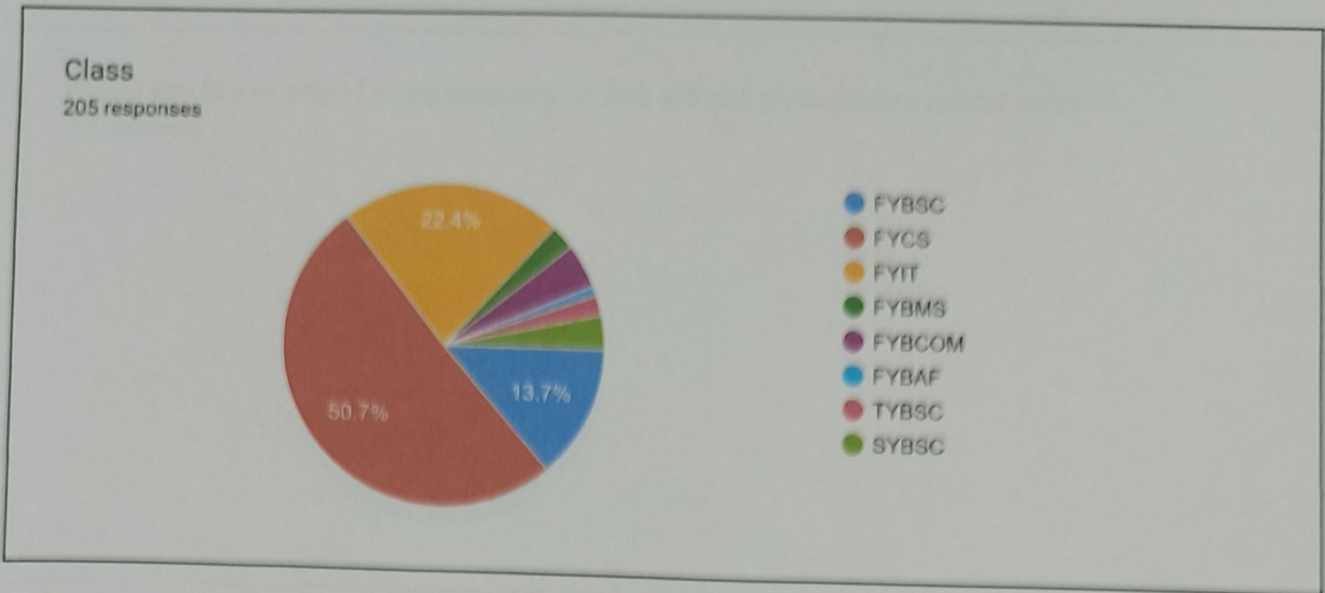
GPS Map
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 Rajiv Gandhi College sector 9 Vashi, Navi Mumbai, Maharashtra, India
 400703, India, Navi Mumbai, Maharashtra, India
 Lat 19.07848° Long 72.994935°
 06/02/2025 10:37 AM GMT +05:30

GPS Map Camera
 Navi Mumbai, Maharashtra, India
 Rajiv Gandhi College sector 9 Vashi, Navi Mumbai, Maharashtra, India
 400703, India, Navi Mumbai, Maharashtra, India
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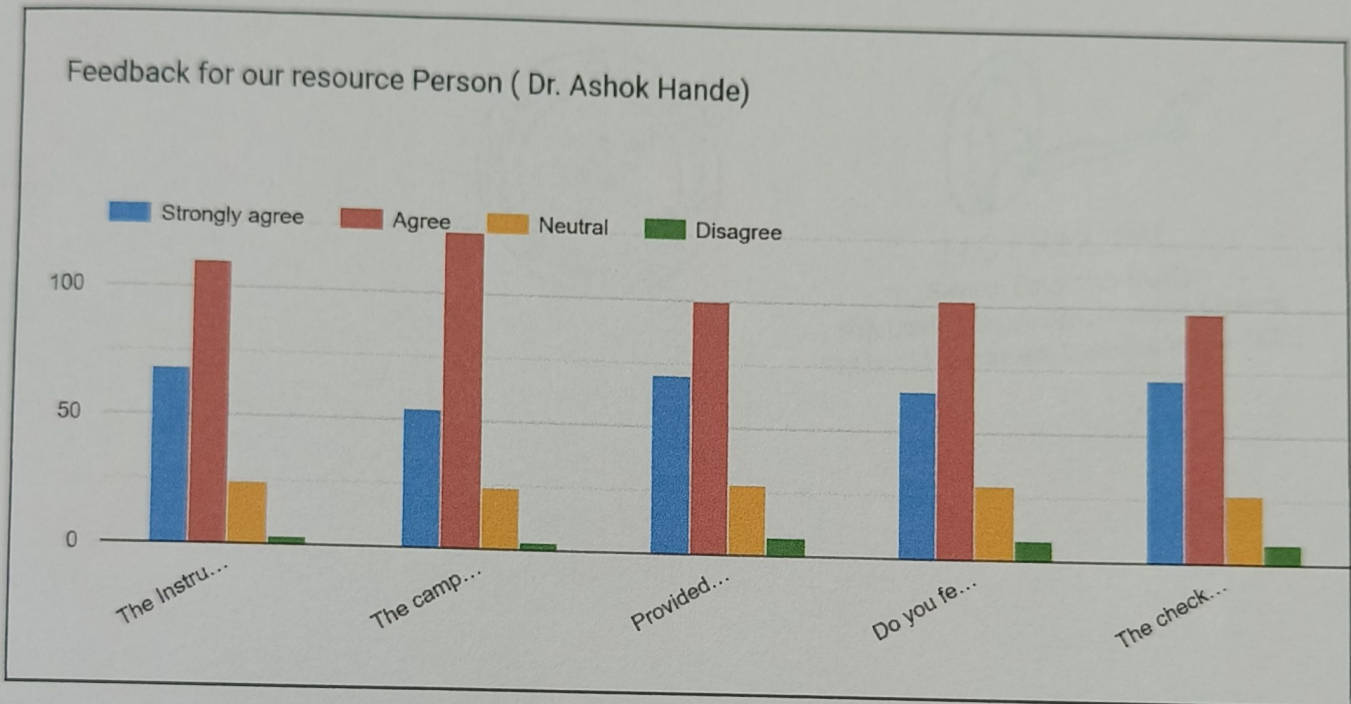
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 Rajiv Gandhi College of Arts, Commerce & Science
 Plot No.16/17 Sector-10A, Vashi, Navi Mumbai-400703



Feedback: -

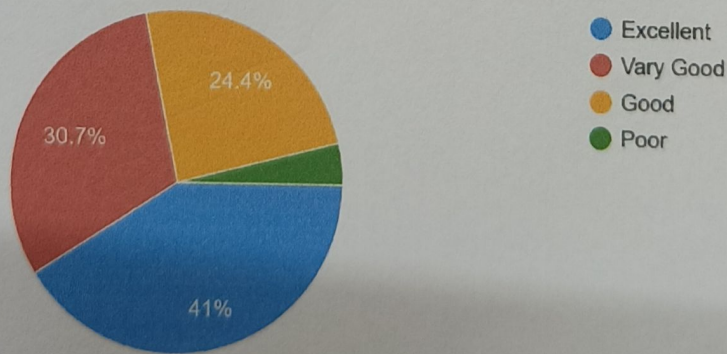


Feedback for our resource Person (Dr. Ashok Hande)



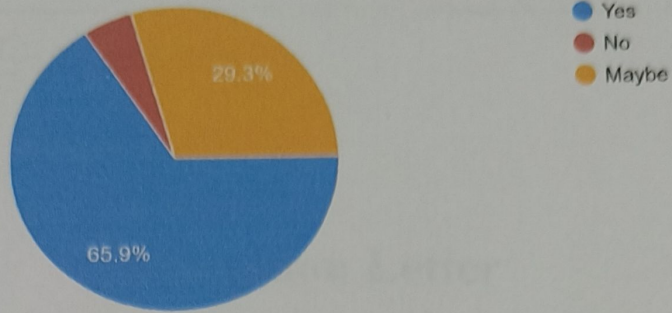
How would you rate Dr. Ashok Hande's ability to explain the topic?

205 responses



Would you like to attend more sessions on first aid and emergency medical care?

205 responses



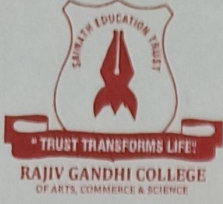
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RAJIV GANDHI COLLEGE OF ARTS COMMERCE & SCIENCE

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Plot No. 16 /17, Sector-10A
Vashi, Navi Mumbai - 400 703.
Tel.: 2788 0817 / 2766 7377
info@setrgc.edu.in

E-mail : rajivgandhicollege2002@gmail.com

Website : www.setrgc.edu.in

Ref. No. 421/SET/RGC/2024-25

Date : 03/02/2025

Invitation Letter

To,
Dr. Ashok Hande,
Neuro Surgeon,

Respected Sir,

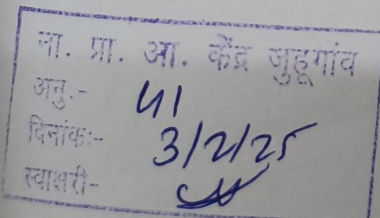
Subject: -Invitation for being resource person and to deliver Lecture on 'First Aid and safety Measure to first year students at the part of syllabus on 06.02.2025 at 10:00am

We, at Sainath Education Trust's Rajiv Gandhi College of Arts, Commerce and Science, Vashi, Navi Mumbai cordially invite you as resource person for delivering a Lecture on 'First Aid and safety Measure to first year students at the part of syllabus on 06.02.2025 at 10:00am organized by Department of Biology, & DLLE in coordination with Internal Quality Assurance Cell of our College.

We look forward to your valuable presence and sharing your knowledge and creating awareness among students on the topic.

Kindly accept our invitation and grace the occasion.

Thanking You,



G. Subhashini
Principal
Sainath Education Trust's,

Rajiv Gandhi College of Arts, Commerce & Science
Plot No.16/17, Sector-10A, Vashi, Navi Mumbai-400703

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info@setrgc.edu.in

E-mail : rajivgandhicollege2002@gmail.com

Website : www.setrgc.edu.in

Ref. No. 420/SET/RGC/2024-25

Date : 03/02/2025

Invitation Letter

To,
Dr. Vidya Verma,
Medical Officer,
UPHC Juhu Gaon, Vashi

Respected Madam,

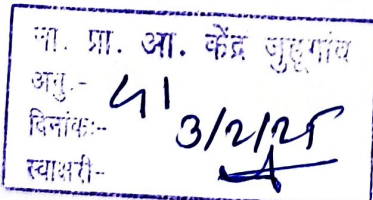
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C. Subhashini

for Principal
D.C. PRINCIPAL

Sainath Education Trust's,
Rajiv Gandhi College of Arts, Commerce & Science
Plot No.16/17, Sector-10A, Vashi, Navi Mumbai-400703

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Tel.: 2788 0817 / 2766 7377
info@setrgc.edu.in

E-mail : rajivgandhicollege2002@gmail.com

Website : www.setrgc.edu.in

Ref. No. 406/SET/RGC/2024-25

Date : 23/01/2025

To,

Dr. Vidya Verma

Medical Officer

Urban Primary Health Centre

Juhu Village ,Vashi Navi Mumbai.

Subject: Permission to Conduct Guest Lecture on First Aid Awareness FY classes as Part of Syllabus.

Dear Madam,

I hope this letter finds you well. I am writing to seek your permission to conduct a guest lecture on "**First Aid Awareness**" for our students.

The primary aim of this session is to equip students with the essential knowledge and skills to handle medical emergencies effectively. The guest lecture is proposed to be held on 6th February at 10.00 am(at your convenience) , and we believe it will greatly benefit the students in becoming more aware and prepared for emergencies.

We would be grateful if you could kindly approve the arrangement and permit us to organize this event.

Thanking you

Yours sincerely

G. Subhashini



ना. प्रा. आ. केंद्र जुहूगांव
अनु.-
दिनांक:- 28/01/25
स्वाक्षरी-

In 1000 ... 2013 = (R71)

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E-mail : rajivgandhicollege2002@gmail.com

Website : www.setrgc.edu.in

Ref. No. 453/SET/RAC/2024-25

Date: 06/02/2025

To,
Dr. Vidya Verma,
Medical Officer,
UPHC Juhu Gaon, Vashi

Dear Madam,

On behalf of the Department of Science & DLLE in collaboration with IQAC of Rajiv Gandhi College of Arts, Commerce & Science extend our sincere gratitude for taking the time to share your valuable information and insights with us. Your expertise and guidance has greatly enriched our knowledge, and we truly appreciate your contribution to our learning journey.

Your session on "Brain Stroke" was enlightening and inspiring, and we are grateful for your dedication to educating and creating awareness. Your words have left a lasting impact, and we hope to carry forward the knowledge you shared with us.

We were pleased to see you as resource person to accomplish the goals of our Session and it was conducted successfully with your help.

Thanking you,
With warm regards,

G. Subhashini
I/C PRINCIPAL

Sainath Education Trust's

Rajiv Gandhi College of Arts, Commerce & Science
Plot No. 16/17, Sector-10A, Vashi, Navi Mumbai-400703



In 10300 parts = (8.71)

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Website : www.setrgc.edu.in

Ref. No. 452/SET/RG/2024-25

Date : 06/02/2025

To,
Dr. Ashok Hande,
Neuro Surgeon,

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Thanking you,
With warm regards,

C. Subhashini

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Attendance

Name of the Department/Committee:-Department of Science & DLLE

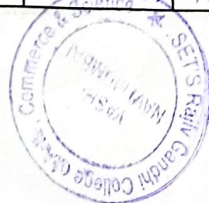
Activity Name:Attendance of First Aid For Brain Stroke

Date: 6th Feb 2025

Sr. No	Name of the student	Class	Sign
01	Sayyed Afreen	F.Y. BSc	Afreen
02	Sana Shaikh	F.Y BSC	Sana
03	Bhumi Singh	FY Bsc	Bhumi
04	Kesar Hakwai	F.Y. B.Sc	Kesar Hakwai
05	Shradha Borke	FY. BSC	Shradha
06	Laxanya more	F.Y. BSC	Laxanya
07	Rupali Gupta	F.Y. BSC	Rupali
08	Neetu Yadav	F.Y. BSC	Neetu
09	Palak Chauhan	F.Y. Bsc	Palak
10	Khushbu Rajbhar.	F.Y. B.Sc	Khushbu
11	Prachi Modake	F.Y. BSC	Prachi
12	Shradha more	F.Y. BSC	S. N. more
13	Nidhi Singh	F.Y. Bsc.	Nidhi
14	Neha Gupta	f.Y BSC	neha
15.	Abhishek Kumar	F.Y. B.Sc	Abhishek
16	Prathmesh Nikam	F.Y. BSC	P. Nikam



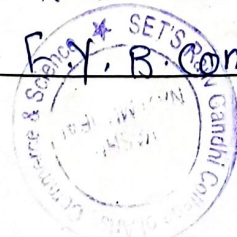
17	Shahid Siddiqui	FY BSC	Shahid
18	Abhishek R. Pazwan	FY BSC	Abhishek
19	Tushar Desai	F.Y. BSC	Tushar
20	Prince Amat	F.Y. BSC	Prince
21	Mishan Tiwari	FY BSC, IT	Mishan
22	Aryan Yadav	FY BSC, IT	Aryan
23	Nitya Yadav	FY BAR	Nitya
24	Aachal Yadav	FY BAR	Aachal
25	M. AHMA ANSARI	FY IT	Kanani
26	Shubham Chavan	FY IT	Shubham
27	SUVAM MOHANTY	F.Y. IT	Suvam
28	Vishal Singh	F.Y. B.COM	Vishal
29	Abhishek G.M.	F.Y. B.COM	Abhishek
30	Sami ali	F.Y. B.COM	Sami
31	Kush Panchal	F.Y. B.COM	Kush
32	Roshan Tadhar	F.Y. B.COM	Roshan
33	Roshan Bagve	F.Y. B.COM	Bagve
34	Priyanshu Jaiswar	F.Y. B.COM	Priyanshu
35	Ragu Tadhar	F.Y. B.COM	Ragu
36	Tarun Bhimrao mane	F.Y. B.COM	Tarun
37	Nilesh Somnath Tare	F.Y. B.COM	Nilesh
38	Shahnawaz Ahmed	F.Y. B.COM	Shahnawaz
39	Arvind Kumar	F.Y. B.COM	Arvind
40	Aron Saini	F.Y. B.COM	Aron Saini



41	Pruthvi Gupta		F.Y.B.com	Pruthvi
42	Hansit Rajbhar		F.B.com	Hansit
48	Shivlal Yadav		F.Y.B.com	Shivlal
134	Jay Sunil Khandagale (A)		F.Y.B.com	Jay
146	Pradeep Yadav (A)		F.Y.B.com	Pradeep
185	Amit Om. Jaiswar (A)		F.Y.B.com	Amit
192	Karan M. Rao (A)		F.Y.B.com	Karan
183	Dharampal R.D. Yadav (A)		F.Y.B.com	Dharampal
179	Abhishek Chauhan (A)		F.Y.B.com	Abhishek
167	Abhishek Marothiya (A)		F.Y.B.com	Abhishek
217	Valmiki KARN Devendra (A)		F.Y.B.com	Karn
210	Ashish Kanholiya (A)		F.Y.B.com	Ashish
114	Amit A. Varma (A)		F.Y.B.com	Amit
270	Tabish Shaikh (B)		F.Y.B.com	Tabish
329	Sahil Darvash (B)		F.Y.B.com	Sahil
238	Gustam Nizamuddin (B)		F.Y.B.com	Nizamuddin
317	Pudushottam Kumar (A)		F.Y.B.com	Pudushottam
304	Muzammil Siddique (B)		F.Y.B.com	Muzammil
324	Suryaj Sharma (B)		F.Y.B.com	Suryaj
221	Raj V. Jaiswar		S.Y.CS	Raj
272	Shikha S. Kumar		S.Y.CS	Shikha
124	Shivam Prajapati (A)		F.Y.B.com	Shivam



374	Abhishek Nishad (A)	TY. BCom	<u>Abhishek</u>
241	Shubham Yadav	SY. C.B	<u>Shubham</u>
233	Shani Yadav	SY. C.S	<u>Shani</u>
238	Shahabuddin	SY BMS	<u>Shahab</u>
107	Azfaal Delhi	FY BMS	<u>Azfaal</u>
117	Mohd Subhan	FY BMS	<u>Subhan</u>
140	Vivek Boudh	FY BMS	<u>Vivek</u>
156	Mohd Ibrahim Shaikh	FYCS	<u>Ibrahim</u>
271	Arbaz Khan	FYCS	<u>Arbaz</u>
2	Arbaz Shaikh	FYCS	<u>Arbaz</u>
206	Ansari Mohd Ahmed	FYCS	<u>Ahmed</u>
150	Pranshal Gupta	F.Y BMS	<u>Pranshal</u>
246	Ashra Mishra	F.Y. Bcom	<u>Ashra</u>
355	Amudhatun Ansari	F.Y. Bcom	<u>Amudhatun</u>
341	Zoya Shaikh	F.Y. Bcom	<u>Zoya</u>
306	Maujia Khan	F.Y. Bcom	<u>Maujia</u>
314	Shivani Arethiya	F.Y. Bcom	<u>Shivani</u>
282	Nikita Gadimani	F.Y. Bcom	<u>Nikita</u>
129	Amol Paswan	F.Y. BSc IT	<u>Amol</u>
130	Mussalim Shaikh	F.Y. BSc IT	<u>Mussalim</u>
101	Garima S yadav	F.Y. BSc	<u>Garima</u>
134	Samahira Shaikh	F.Y. BSc	<u>Samahira</u>
141	Sneha M. Singh	F.Y. B.Com	<u>Sneha</u>
135	Sub sudiksha Chauhan	F.Y. B.Com	<u>Sudiksha</u>



140	Snehalata S. padhy	F.Y.B.Com.	Snehalata
137	Manisha N. Sahu	F.Y.B.Com	Manisha
357	Gauri Singh	F.Y.B.com	Gauri
310	Kajal Sharma	F.Y. B.com	Kajal
303	Shalini Jaiswar	F.Y.B.com	Shalini
284	Muskan yadav	F.Y. B.Com	Muskan
393	Roshani Bind	F.Y. B.Com	Roshani
363	Megha yadav	F.Y. B. Com	Megha
306	Nidhi Mishra.	T.Y BSc	Nidhi
304	Sanjana Gupta	T.Y Bsc	Sanjana
302	Chandrika Paniker.	T.Y BSc	Chandrika
305	Menuka Sana	T.Y BSc	Menuka
303	Reshami Upadhyay	T.Y. B.Sc	Reshami
312	Rinki Yadav	T.Y. B.Sc	Rinki
313	Anurag Singh	T.Y. B.Sc	Anurag
203	Rishabh Nayal Das Vaidya	F.Y. C.S	Rishabh
101	Nitjay Khankal	F.Y. CS	Nitjay
190	Shoaib Siddiqui	F.Y. CS	Shoaib-S
260	Ishan Makandam	F.Y. CS	Ishan.M
261	sapna saket	S.Y. BSC	Sapna
262	Chaudhary Afreen Bano	S.Y. B.Sc	Afreen
263	Mayuri Palase	S.Y. B. Sc	Mayuri
264	Shweta Muskan	S.Y. Bsc	Muskan
148	Sakshi Tiwari	F.Y.BAF	Sakshi

